



Prashanti Cancer Care Mission
Reaching out with excellence



Centre for Translational Cancer Research
Joint Initiative between IISER, Pune and PCCM



Prashanti Cancer Care Mission
Reaching out with excellence

Orchids
BREAST HEALTH



MARCH 2024 | VOLUME 133 ISSUE 77

PCCM MONTHLY NEWSLETTER

Prashanti Cancer Care Mission's Newsletter

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WHAT'S IN THIS LATEST ISSUE?

ISOS Hands-on Oncoplastic workshop on "Essential in Oncoplastic Techniques-1" led by Dr. Koppiker was held in Pune.

Dr. Koppiker was invited as the chief guest for a Breast Cancer CME at the AFMC, Pune.

Dr. Koppiker was invited as the chief guest for Rabindra Sangeet, "DUI KANYA," organized by Bangiya Sanskriti Samsad Pune & Studio Piamnissimo, Kolkata.

Dr. Koppiker & Ms. Laleh Busheri were invited as faculties at the 6th Indian Cancer Genetics Conference & Workshop (ICGCW 2024) at the ACTREC, Tata Memorial Centre, Navi Mumbai.

Dr. Koppiker's article was featured in the 'Ask the Expert' section in Femina February 2024 issue.

Ms. Laleh Busheri was invited for a breast cancer awareness talk at the TheBigWord India Pvt. Ltd., Pune.

Prashanti Cancer Care Mission's Pink Ribbon Support Group get together on 8th February 2024

CTCR's RT-PCR Module- 2, Lecture II titled, "Molecular and Cellular Profiling of Triple-Negative Breast Cancer in an Indian Cohort." was held on 1st of February 2024.

CTCR's RT-PCR Module- 2, Lecture III titled, 'Epigenetics and its Role in Cancer Development and Therapy' was held on 15th February 2024

CTCR's RT-PCR Module- 2, Lecture IV titled, "Exploring the Microbiome-Cancer Connection." was held on 29th of February 2024.



ABOUT PCCM NEWSLETTER

PCCM Newsletter is our way of connecting with our patients and supporters. With the Newsletter we bring to you the latest updates of our activities at PCCM. Along with our continued efforts for the provision of state-of-the-art integrative care for our patients through Orchids Breast Health Care, we include updates from the research arm at PCCM, Centre for Translational Cancer Research (CTCR). CTCR an initiative between PCCM and IISER Pune is working towards addressing breast cancer research questions relevant to our society, as well as our capacity building initiatives International School of Oncoplasty in collaboration with University of East Anglia, UK and online learning platform BreastGlobal. Your support and encouragement is what keeps us going, be a part of our journey with the newsletter.

Orchid's Breast Health has moved to a new location. We have successfully relocated our equipment, dedicated staff and the entire centre to Jehangir Hospital, Pune while ensuring that all essential elements remain unchanged. Our phone numbers for booking appointments also remain the same. The new location is more centrally located, and we look forward to seeing you there.

New Address: Jehangir Hospital, 32, Sassoon Road, Pune - 411001, Maharashtra, India


To schedule an appointment, please call: 020 25656110, 020 25650269



Orchids
BREAST HEALTH

— BY —

JEHANGIR HOSPITAL & PCCM



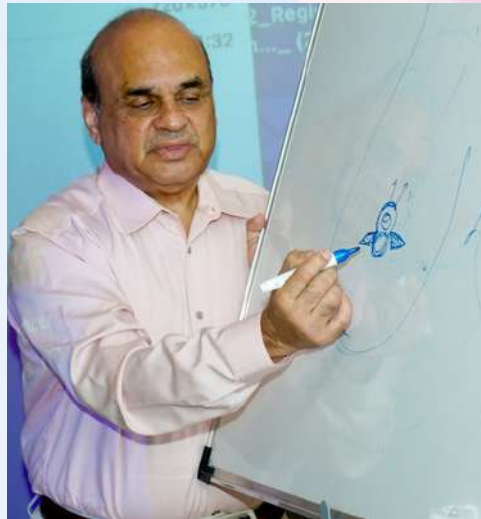
ISOS Hands-on Oncoplastic workshop on "Essential in Oncoplastic Techniques" was held on 17th & 18th February, 2024.

The 1st session of the International School of Oncoplastic Surgery (ISOS) Hands-on Oncoplastic workshop, titled 'Essentials in Oncoplastic Techniques,' was expertly led by Dr. Koppiker on February 17th & 18th, 2024.

The program provided personalized learning to all the participants. It included hands-on simulations, specialized prosthesis sessions, and real-time surgical videos to offer a unique learning experience. The workshop also involved case-based discussions that focused on quadrant-wise & scenario-wise understanding, pre-surgery radiology and radiology-pathology analysis of breast tumours. Participants presented cases, fostering knowledge sharing and collaborative learning. A Multidisciplinary Board discussed various aspects, recognizing the best cases. The event enhanced surgical skills of the participants and promoted healthy networking.

The upcoming session is scheduled for April 27th and 28th 2024. Interested individuals can fill out the Google form link.

https://docs.google.com/forms/d/195defoPVw8NXQK2myXxRJc9BQE3l7_Dt-johM1Jc23A/edit



Dr. Koppiker was invited as the chief guest for a Breast Cancer CME at the AFMC, Pune.

On the 14th of February, 2024, Dr. Koppiker was invited as a chief guest for a Breast Cancer CME at the AFMC, Pune. The CME was organised by AFMC in association with the Poona Surgical Society. During the session, Dr. Koppiker delivered a compelling presentation titled 'Navigating the Oncoplastic Landscape and its Impact on Management and Training in the Indian Scenario'. He shared valuable insights with a distinguished audience comprising of armed forces surgeons.



Dr. Koppiker & Ms. Laleh Busheri were invited as faculty members at the 6th Indian Cancer Genetics Conference & Workshop (ICGCW 2024) at the ACTREC, Tata Memorial Centre, Navi Mumbai.

Dr. Koppiker was invited as a faculty member at the 6th Indian Cancer Genetics Conference & Workshop (ICGCW 2024) held on February 24th, 2024. The conference focused on the crucial aspects of genetic testing, genetic report interpretation, clinical management, and preventive guidelines, particularly concerning germline mutations in various cancer cases. The event attracted delegates from diverse fields including practicing & trainee Medical, Surgical, Gynaecological and Radiation oncologists, genetic counsellors and geneticists from different parts of India and other Asian and African countries. Dr. Koppiker played a prominent role as an expert and moderator in the workshop dedicated to Screening and Preventive Surgery for Breast Cancer Risk. The workshop contributed significantly to advancing knowledge and best practices in cancer genetics.

Ms. Laleh Busheri was invited to be a panelist for the ICGCW 2024 conference, where she served as a patient advocate for a panel discussion in a workshop that focused on "Screening and Preventive Surgery for Breast Cancer Risk." During the workshop, she shared insights from her book, "Genetic Testing: A Game Changer in Breast Cancer Management." The book provides an overview of genetic counseling and testing and features personal stories from women that highlight management options for those with a predisposition to breast cancer.

ICGCW 2024 - 6th Indian Cancer Genetics Conference & Workshop - Program Schedule

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ICGCW 2024 - 6th Indian Cancer Genetics Conference & Workshop - Program Schedule

Start Date: 21-02-2024 08:00 am To End Date: 25-02-2024 06:00 am

Dates To Remember

Pre-conference NGS Hands on Workshop : 21-22nd February 2024

Genetic Counselling & Precision Oncology Workshop : 23-25 February 2024 (8:00 - 10:30 am)

Dr. Koppiker was invited as the chief guest for Rabindra Sangeet, "DUI KANYA," organized by Bangiya Sanskriti Samsad Pune and Studio Piamnissimo, Kolkata at Nehru Memorial Hall, Pune

Dr. Koppiker was invited as a chief guest at a soulful event of Rabindra Sangeet titled "DUI KANYA," organized by Bangiya Sanskriti Samsad Pune and Studio Piamnissimo, Kolkata at Nehru Memorial Hall, Pune. The event held a dual significance as it not only showcased meaningful melodies but also contributed its proceeds to the Prashanti Cancer Care Mission, dedicated to supporting the treatment of underprivileged cancer patients.



Dr. Koppiker's article was featured in the 'Ask the Expert' section in Femina February 2024 issue.

Dr. Koppiker's article on 'Understanding misconceptions: Debunking Breast Cancer Myth and Facts' was featured in the 'Ask the Expert' section in Femina February 2024 issue.

ASK THE EXPERT

UNVEILING MISCONCEPTIONS: DEBUNKING BREAST CANCER MYTHS AND FACTS

UNDERSTANDING THE TRUTH BEHIND THE BREAST CANCER MYTHS



Dr. C.B Koppiker is a nationally and internationally well-known Breast Cancer Surgeon based in Pune. He is the Medical Director of Orchids Breast Health Centre, which pioneers in breast health care. His clinic offers a full range of state-of-the-art breast health services designed to ensure the best possible experience for each patient. For his contributions to fighting breast cancer in India, Dr. C.B. Koppiker has been widely felicitated with numerous recognitions and awards by his medical peers as well as by various social organizations.



DR. C.B KOPPIKER

At Orchid's Breast Health Centre, we believe in the overall health of our breast cancer patients. The breast, being an intimate organ, has led to a lack of open conversations about the prevalence of this disease. This creates a lack of awareness and accurate knowledge surrounding breast cancer, which leads to the propagation of misconceptions. To address this, we've created a two-part series that aims to debunk prevailing myths about breast cancer.

ONLY OLDER WOMEN GET BREAST CANCER.

MYTH: Though ageing is a risk factor for developing breast cancer, breast cancer can also be detected in young women less than 40 years of age. Hence, screening for breast cancer is vital for all age groups.

DENSE BREAST TISSUE HAS A HIGH RISK OF BREAST CANCER.

FACT: Breast density is assessed through mammography, which can show if women have dense breasts, putting them at higher risk of developing breast cancer. Therefore, annual breast cancer screening is recommended to help detect any potential cancer early on. Mammograms are effective screening tools.

CHEMOTHERAPY IS GIVEN TO ALL PATIENTS WITH BREAST CANCER.

MYTH: Chemotherapy is given to most patients, but not all patients. The mainstay of treatment includes

chemotherapy, radiation therapy, hormone therapy, targeted therapy and surgery. Treatment varies according to the case.

REDNESS AND CHANGE IN THE TEXTURE OF THE BREAST SKIN IS BREAST CANCER.

MYTH: Changes in breast skin can also be caused due to a condition called mastitis. Though it may mimic breast cancer, it is not cancer but an infective or non-infective inflammation of breast tissue. For example, Granulomatous mastitis is a chronic inflammatory condition of the breast that may present as a breast mass, pain or even a nipple retraction, but it is non-cancerous.

SCREENING AND DIAGNOSTIC MAMMOGRAMS ARE DIFFERENT.

FACT: A mammogram detects abnormalities in breast tissue. It uses a low dose of radiation to get an X-ray of the breast. Screening mammograms are done on those who apparently have no symptoms, and these are routinely done. Patients with abnormal screening mammograms are further subjected to diagnostic mammograms to investigate the changes in breast tissue detected on screening mammograms.

BREAST CANCER SCREENING MAMMOGRAPHY MAY CAUSE CANCER.

MYTH: Mammograms require only a small amount of radiation, posing

a low exposure risk. It is recommended that women receive annual screening mammography starting at age 40. Mammography is an effective tool for detecting early-stage breast cancer, which allows for better management of the disease. Therefore, the benefits of mammography outweigh any potential harm.

WOMEN WITH BRCA1 OR BRCA2 GENE MUTATION ARE 100% LIKELY TO DEVELOP BREAST CANCER.

MYTH: Not all women with a mutation in BRCA1 and BRCA2 genes develop breast cancer. However, those inheriting these mutations are at a high risk and, hence, should undergo regular screenings for breast cancer.

EVERY LUMP OR BUMP IN THE BREAST IS BREAST CANCER.

MYTH: Every lump in the breast is not breast cancer. However, if there is a persistent lump in the breast with changes over the breast skin, you should seek a medical examination.

We recommend not succumbing to baseless beliefs; instead learn to question and, more importantly, seek expert medical advice.

Twitter: @KoppikerCb
Instagram: @dr.koppikercb;
@orchidsbreasthealthpune
Facebook: <https://www.facebook.com/koppiker>

Ms. Laleh Busheri was invited for a breast cancer awareness talk at the TheBigWord India Pvt. Ltd., Pune.

On February 2nd, 2024, Ms. Laleh Busheri gave a breast cancer awareness talk at TheBigWord India in Pune. Ms. Laleh emphasized the importance of knowing the signs and symptoms of breast cancer, highlighting the significance of early detection. Her talk served as a meaningful contribution to raising awareness about breast cancer, providing essential information and dispelling misconceptions regarding breast cancer.



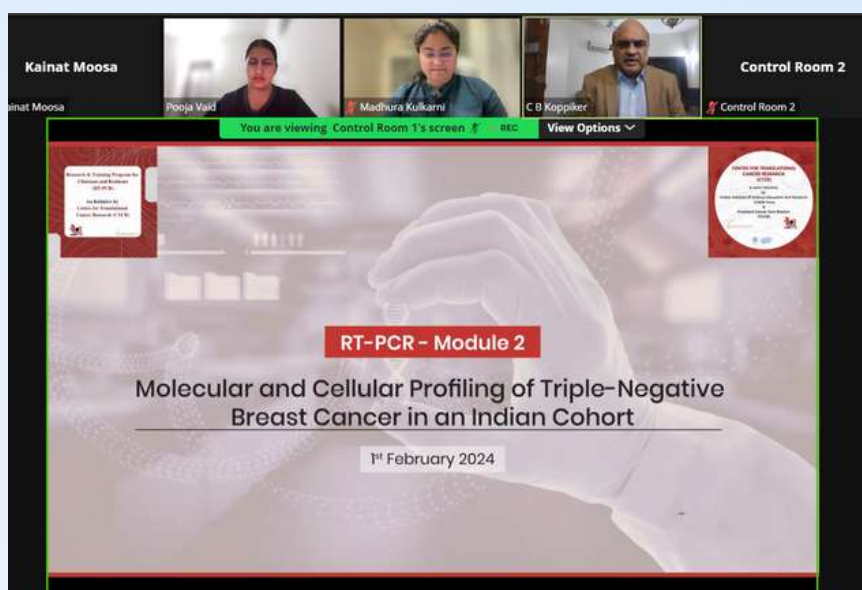
Prashanti Cancer Care Mission's Pink Ribbon Support Group got together on 8th February 2024.

The "Pink Ribbon Support Group," initiated by Ms. Laleh Busheri in 2009 for breast cancer survivors, has evolved into a close-knit and supportive family over the years. Over the span of a decade and a half, strong bonds have formed, offering unwavering support to newly diagnosed individuals with breast cancer. In a recent gathering, members united to engage in activities such as Antakshari and dumbsharads, fostering a sense of unity and shared strength among its members.



CTCR's RT-PCR Module- 2, Lecture II titled, "Molecular and Cellular Profiling of Triple-Negative Breast Cancer in an Indian Cohort." was held on 1st of February 2024.

The Research Training Program for Clinicians and Residents (RT-PCR) by CTCR-PCCM is uniquely designed to encourage clinicians to integrate scientific research in their clinical practice and understand the process of scientific enquiry.



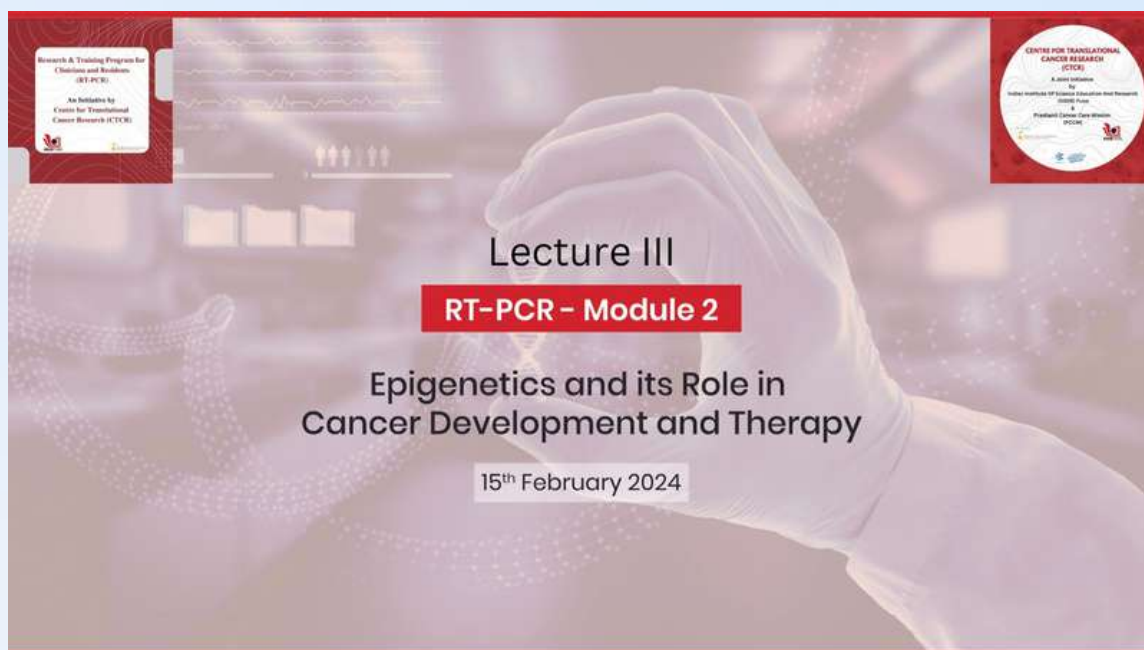
Module 2 of RTPCR, titled "Molecular Insights into Oncology (MIIO)", will further explore various aspects of cancer research, including molecular and cellular profiling, epigenetics, personalized medicine, single-cell genomics, AI and ML in oncology, clinical trial design, in vitro and animal models, bioinformatics, ctDNA applications, and the microbiome-cancer connection. The purpose of this module is to bridge the gap between clinical practice and scientific research.

The second lecture in the RTPCR course Module- 2 focussed on the groundbreaking work on "Molecular and Cellular Profiling of Triple-Negative Breast Cancer in an Indian Cohort." by Pooja Vaid. It gave a comprehensive understanding of the challenges of Triple Negative Breast Cancer (TNBC) in India and the transformative impact of translational research.

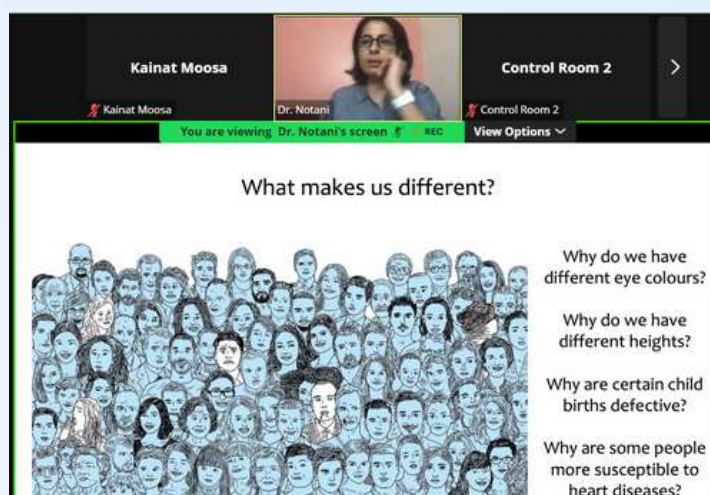


CTCR's RT-PCR Module- 2, Lecture III titled, 'Epigenetics and its Role in Cancer Development and Therapy' was held on 15th February 2024

In the ongoing RTPCR course's Module 2 (Molecular Insights into Oncology -MIIO) lecture series, the 3rd session was dedicated to the topic of 'Epigenetics and its Role in Cancer Development and Therapy'.

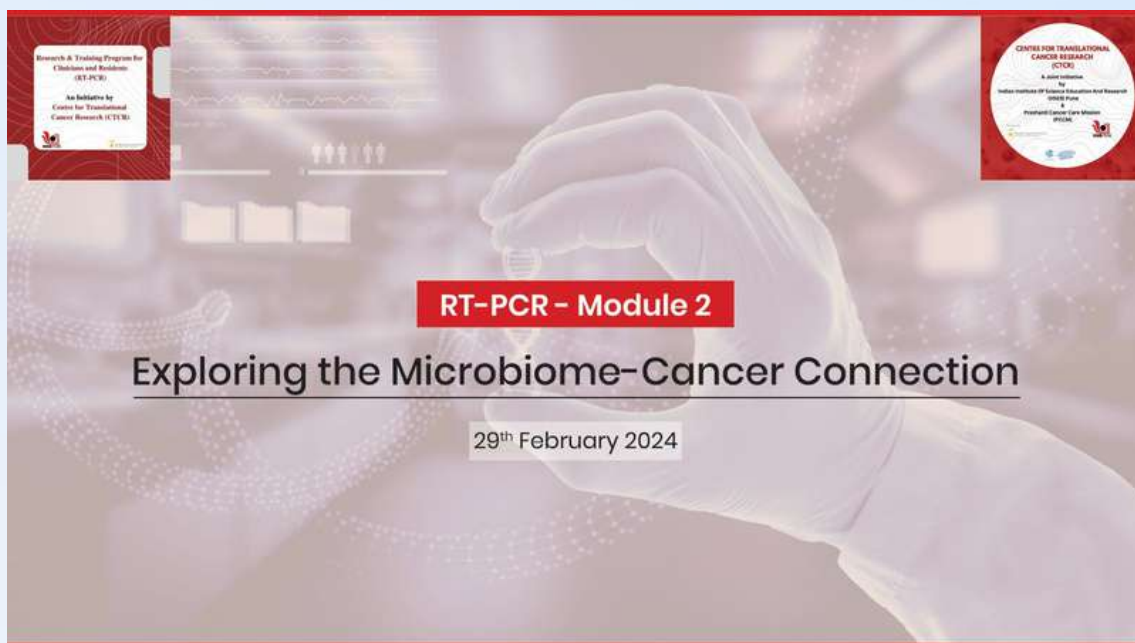


The third lecture of RT-PCR Course Module-2 focussed on the crucial topic of "Epigenetics and its Role in Cancer Development and Therapy" was conducted by Dr. Dimple Notani. Dr. Notani is an Associate Professor at the National Centre for Biological Sciences (NCBS) in Bangalore. In this RTPCR session Dr. Notani provided a comprehensive understanding of how epigenetics influences the initiation, progression, and treatment of cancer. Her talk was followed by a Q & A session where the speaker efficiently addressed and resolved the queries raised by the participants.

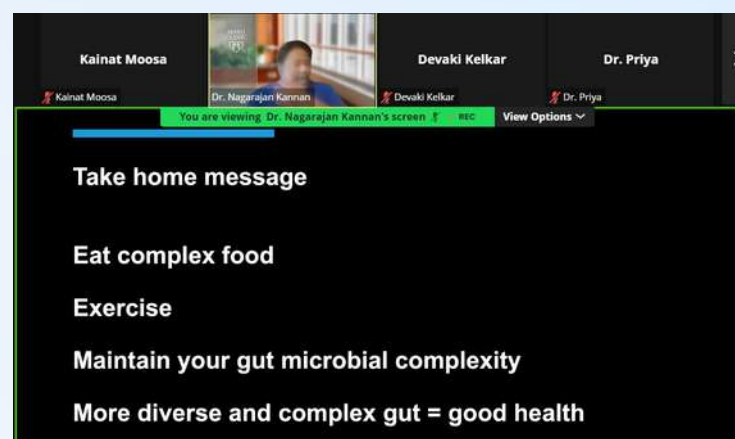


CTCR's RT-PCR Module- 2, Lecture IV titled, "Exploring the Microbiome-Cancer Connection." was held on 29th of February 2024.

In the ongoing RTPCR course's Module 2 (Molecular Insights into Oncology -MIIO) lecture series, the 4th session was dedicated to the topic of 'Exploring the Microbiome-Cancer Connection.'



The fourth lecture in the RTPCR course Module- 2 focused on the realm of microbiome research and its potential implications for cancer prevention and treatment. Dr. Nagarajan Kannan, PhD Molecular Medicine, Mayo Clinic, USA served as the speaker. Dr. Kannan discussed the connection between the microbiome and cancer, shedding light on the scientific understanding of this relationship. The session was not only informative but also interactive, as it concluded with a question and answer (Q&A) session.



BREAST CANCER AND BONE HEALTH

International Women's Day, observed on the 8th of March is dedicated to honour women at various stage of life. As we celebrate this special occasion our focus will be on shedding light on women's bone health, with a specific emphasis on bone health in breast cancer.



What is bone health?

Bone is a sturdy tissue that forms a vital part of the skeleton, giving structure to our bodies. In our body, bone is constantly being produced and broken down. As we age, the rate of breaks down exceeds the rate at which it is regenerated. This imbalance leads to bone weakening, which if not managed properly, can result in osteopenia and osteoporosis . Women due to hormonal changes at different stages of life are more susceptible to bone weakening.

Bone health in breast cancer

As menopause sets in, the decline in estrogen levels in our bodies contributes to a decrease in bone density, potentially resulting in weakened bones. If not addressed, this condition may progress to osteoporosis. Certain breast cancer treatments also weaken bones. Additionally, hormonal therapy in the form of anastrozole, exemestane and, letrozole stop body from making estrogen and lead to low bone density. Chemotherapy, in some cases, induces early menopause, elevating the risk of lower bone density. Additionally, certain chemotherapy medications may be accompanied by steroids to mitigate side effects, and the use of steroids is associated with potential bone loss.



Prevention of Osteoporosis during breast cancer treatment

To prevent osteoporosis and promote bone health, adopting a diet rich in calcium, Vitamin D and phosphorus coupled with regular physical activity is highly recommended.

Practical tips:

- Consume up to 300ml A2 cow's milk daily.
- Integrate ragi, almonds, sesame seeds, flaxseeds in your diet.
- Aim for 10 minutes daily sun exposure.
- Include eggs and fish in your diet, 2-3 times in week.
- Incorporate 30 minute of daily moderate intensity exercise.



Understanding the Significance of Genetics in Breast Cancer



The Genetics of Breast Cancer

- About 5-10% of breast cancer cases are inherited, meaning they come from mutations in specific genes passed down through generations.
- Possessing a mutation in a gene linked to an increased risk of breast cancer doesn't mean a cancer diagnosis is inevitable. While not everyone with such a genetic mutation will develop the disease, it does elevate the likelihood of developing breast cancer compared to the general population.
- Most inherited cases of breast cancer are associated with mutations in two genes: BRCA1 and BRCA2.



Genetic Counseling

- If there is a family history of breast or ovarian cancer, your doctor may recommend genetic counseling. This can assist your family in deciding if genetic testing is the right option.
- The genetic counselor suggests genetic testing for people with a personal or family history that hints at hereditary breast cancer, like getting breast cancer early, having many cases of breast or ovarian cancer in the family, or belonging to certain ethnic groups linked to higher genetic risk.
- After discovering a mutation, it's essential to have counseling to discuss options for early screening and risk reducing strategies for breast cancer.

Risk Reducing Strategies

- Regular check-ups with a healthcare professional play a crucial role in early detection of breast cancer, when the condition is more manageable.
- Essential investigations, such as mammography, further contribute to the early identification of potential abnormalities, enhancing the scope for timely intervention.
- Proactive medical assessments open the door to various options, including surgical interventions and medications, offering individuals valuable choices in their breast cancer management journey.





RESEARCH UPDATES

We are glad to announce that Prashanti Cancer Care Mission now has its own property for the research centre, and the new address is as follows.

New Address: 21 Everjoy Society, Next to Dorabjees, NIBM Road, near NIBM Institute, Kondhwa, Pune, Maharashtra- 411 048.

We kindly request you to send all cheques, donations, letters, and posts to this updated address.



- The poster titled, "Elevating breast cancer care in India: A focus on quality of life", submitted by the research team at PCCM-CTCR has been selected for a poster presentation at the 14th European Breast Cancer Conference Scientific Committee (EBCC) in Milan.
- The poster titled, "Impact of Establishing a Genetic Clinic in Conjunction with Clinical Practice in India," submitted by the research team at PCCM-CTCR, has been selected for a poster presentation at the 14th European Breast Cancer Conference Scientific Committee (EBCC) in Milan.
- RTPCR course Module- 2: Three Lectures Successfully Conducted in the Month of February 2024



RESEARCH UPDATES

Ongoing projects and manuscripts:

- Advantages of Perforator Flaps in Breast Cancer Surgical Management– A Single Institutional Audit.
- Surgical management of Central Quadrant Tumors – A Single Institutional Audit.
- A single institutional audit of surgical management in Triple Negative Breast Cancers.
- A Cross-Sectional Study Assessing the Impact of a Structured Oncoplastic Training Program on Surgical Practice in India
- Assessing perception of genetic counselling and genetic testing in Breast Cancer Patients.
- Setting up of a complementary nutrition clinic for breast cancer patients at a single surgeon unit from India.
- Breast-Q BCT module translation and linguistic validation to Hindi and Marathi languages.
- Setting up of a complementary onco-psychology counselling for breast cancer patients at a single surgeon unit in India
- Assessing germline mutational profile and its clinicopathological associations in Triple Negative Breast Cancer .
- Triple-negative breast cancer tumor microenvironment profiled for immune infiltrates stratified for treatment response – Indian cohort of breast cancer patients.
- Prognostic significance of Yes-associated protein-1 (YAP1) in molecular subtypes of an Indian cohort of breast cancer patients
- Synergistic effect of YAP and HER2 growth factor receptor signalling in mammary epithelial cell line.

RESEARCH UPDATES: BIOBANK

Biobank is a repository where biological samples that facilitate research studies are conserved and stored, we specifically have breast tissue biobank- Formalin-Fixed and Paraffin-Embedded (FFPE) and Fresh Frozen (FF).



Formalin-Fixed Paraffin-Embedded (FFPE)

FFPE is a way of preservation of tissue samples in a paraffin block. FFPE blocks can be stored up to 12 years at ambient temperature and used for research purposes. With patient consent, we collect both biopsy and surgery blocks for the biobank. Currently the biobank houses over 1500 FFPE blocks.

This month

Total Blocks-30

Biopsy blocks-15

Surgery blocks-15

Fresh Frozen (FF)

The fresh frozen breast tissue biobank was established to facilitate genomics and proteomics studies. The 'Fresh Frozen' Biobank collects consented fresh frozen breast tissue samples from Tru cut biopsy and VAB procedures. Over 100 samples collected till date.



Free Counselling Services at Orchids Breast Health



Onco - Psychology Counselling

Free Psychological Counselling services for our Breast Cancer Patients and their Caregivers. We have certified psychologists who work with you in easing your stress.

Orchids Clinic - New Ambekar, high-Quality Breast Health Care

Psychological Counselling For Breast Cancer Patients

- Overcome Stress and Shock
- Psycho-social adjustment
- Care and Support for the Caregivers
- Stress management
- Deal with health-related anxiety
- Helping underlying psychological issues
- Psychotherapies

At the Orchids Breast Health we encourage our Breast Cancer Patients and their family members to undergo psychological counselling for emotional wellness during cancer treatment.

BOOK YOUR APPOINTMENT NOW


(Offered both online (via Zoom) and/or in-person)

Visit us at
12 Kopliwasti, Senapati Bapat Road, Pune, Maharashtra 411016



Onco-Psychology Counselling

283 patients have received free psychological counselling to make them stronger during this tough time



Onco - Genetic Counselling

Free Genetic Counselling services for our Breast Cancer Patients

At the Orchids Breast Health Clinic, we have BCC certified genetic counselors for some of our patients who might need genetic testing.

Breast Cancer Genetic Counselling

To whom is genetic counselling offered?
(According to NCCN guidelines)


- Diagnosed at <45 yrs
- Family History of Cancer
- Recurrence
- TNBC
- Personal history of other cancer

What can you expect in a Genetic counselling?

- Pedigree charting (Family History)
- Risk assessment
- Genetic testing options
- Genetic reports interpretation
- Prevention and Management options

Counselling offered on all days online (via Zoom) and/or in-person (Thursdays from 4 to 5pm)

Visit us at
12 Kopliwasti, Senapati Bapat Road, Pune, Maharashtra 411016



Orchids Clinic - New Ambekar, high-Quality Breast Health Care

Dr. Rajashree B. Bhatnagar (Genetic Counselor) | Orchids Breast Health (orchidsbreasthealth.org)
E: 020-29536110, 29535163, 585342248 | vishalshree@gmail.com | reports@orchidsbreasthealth.org

Onco-Genetic Counselling

222 patients have received free genetic counselling services so far



Onco - Nutrition Clinic

Free Nutrition Counselling services for our Breast Cancer Patients

Orchids Clinic - New Ambekar, high-Quality Breast Health Care

Nutrition Counselling

- Diet during Chemo and Radiotherapy
- Personalized Charts
- Improved tolerance of treatment
- Decreased fatigue
- Hydration Counselling
- Improved healing and recovery

At the Orchids Breast Health Nutrition Clinic we make you aware of the power of good nutrition and help you make your breast cancer treatment easier

BOOK YOUR APPOINTMENT NOW

(Offered both online (via Zoom) and/or in-person)

Visit us at
12 Kopliwasti, Senapati Bapat Road, Pune, Maharashtra 411016



Orchids Clinic - New Ambekar, high-Quality Breast Health Care

Dr. Rajashree B. Bhatnagar (Nutrition Counselor) | Orchids Breast Health (orchidsbreasthealth.org)
E: 020-29536110, 29535163, 585342248 | vishalshree@gmail.com | reports@orchidsbreasthealth.org

Nutrition Counselling

280 patients received free nutrition counselling to fight cancer treatment better

**Freeships/ Major Concession for Diagnostics, Surgery, Chemotherapy,
Onco- Pharmacy, Clinical Procedures and Consultations at Orchids
Breast Health in February 2024**



Mammography:

**99 patients received
free / concessional
mammography**



Sonography:

**168 patients received
free / concessional
sonography**



Biopsy

**9 patients received
free and
concessional biopsy**

**Freeships/ Major Concession for Diagnostics, Surgery, Chemotherapy,
Onco- Pharmacy, Clinical Procedures and Consultations at Orchids
Breast Health in February 2024**



Surgery

**22 patients received
freeship/major
concessions on breast
surgery**



Chemotherapy /Day Care

**30 patients received free
chemotherapy
47 patients received major
concessions at our day care
centre for chemotherapy**



Onco-Pharmacy

**185 patients received
free /concessional
medicines from our
onco-pharmacy**

**Testimonials of a few patients who were adopted for
Freeship**

Manasi Harankhedkar

After diagnosis, the patient becomes stressed and frightened. When we met Dr. Koppikar for the first time after diagnosis, first thing very remarkable about him was his calm quite behavior, his extraordinary knowledge his soothing was of making patients and family comfortable. The treatment given is one of the best and of a great standard. Although Dr. Koppikar and Dr. Deshmukh are very busy, they are always available whenever needed.



Sheetal Kondhalkar

From day 1, all analysis and possibilities advised by Dr. Koppikar has given brief details which are needed. He has given the best possible options based on reports. Also, well co-ordinate with gynac for fertility related options before chemo. Everything was very accessible and available accurately during chemo. I would like to specifically thank Smita sister for her efforts. Cleanliness is good.



**Testimonials of a few patients who were adopted for
Freeship**

Rukhaiya Hakimiyan

I would like to thank Orchids breast health for all the treatment and care they have given during the treatment. Special thanks to Dr. Koppikar, it's not easy to get a doctor who is highly supportive, expertise, and an amazing human being. The staff here is very professional and helps every time we reach out. I would also like to mention their constant follow-ups taking during each cycle. With the positive atmosphere and constant support, I am hoping to get well soon. With the help of the doctor, we are able to manage our finances during the treatment. So, I would like to thank the doctor, all staff, and Orchids breast health.





Hema Kanitar

All the staff has excellent nature, they are always ready to help the patients, the Daycare is very cozy and well maintained. Cleanliness and other things are upto the mark. The staff has a positive nature that helps the patients to overcome their problems.

PCCM appeals for support and donations to help save breast cancer patients

We are ever grateful for your generosity and donations over the years that have helped save the lives of over 10000 young girls & women annually. As you know breast cancer treatment is a long and arduous process that not only has a physical and emotional impact on the patient but also adds the economic burden of the treatment.

We appeal you to help for 2 breast cancer patients in urgent need of financial support. Below is the list of the needy patients along with their family and support details and treatment estimation.

01.	 <p>Saima Naaz (43 Yrs)</p>	<p>Saima Naaz (43 years) has stage II breast cancer. She is a homemaker, and her husband is unemployed. She has 3 children studying in school. She is supported by her brother for the family's financial needs. Her brother too has his own family to support, limiting his support to the patient.</p> <table><tr><th>Treatment</th><th>Amount (In Rs.)</th></tr><tr><td>Chemotherapy</td><td>2,88,000</td></tr><tr><td>Diagnostics and OPD Charges</td><td>15,500</td></tr><tr><td>Radiation</td><td>1,85,000</td></tr><tr><td>Surgery</td><td>2,05,000</td></tr><tr><td>Total</td><td>6,93,500</td></tr></table>	Treatment	Amount (In Rs.)	Chemotherapy	2,88,000	Diagnostics and OPD Charges	15,500	Radiation	1,85,000	Surgery	2,05,000	Total	6,93,500
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Surgery	2,05,000													
Total	6,93,500													
02.	 <p>Neelam Rathod (43 Yrs)</p>	<p>Neelam Rathod (58 years) has stage II breast cancer. She has a son who is studying and a daughter who is married. She is a homemaker, and her husband is an auto-rickshaw driver.</p> <table><tr><th>Treatment</th><th>Amount (In Rs.)</th></tr><tr><td>Chemotherapy</td><td>39,684</td></tr><tr><td>Diagnostics and OPD Charges</td><td>5,700</td></tr><tr><td>Radiation</td><td>1,85,000</td></tr><tr><td>Surgery</td><td>1,50,000</td></tr><tr><td>Total</td><td>2,30,384</td></tr></table>	Treatment	Amount (In Rs.)	Chemotherapy	39,684	Diagnostics and OPD Charges	5,700	Radiation	1,85,000	Surgery	1,50,000	Total	2,30,384
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Total	2,30,384													

PCCM appeals for support and donations to help save breast cancer patients

Every small amount from you would help save the lives of these women and allow them to live a healthy life with their loved ones.

Click to donate:

DONATE 

Following are the details through which you can donate to Prashanti
You may donate via either of the two options:

a. Through the donation page on the website:

<https://www.prashanticancercare.org/donations.php>

or

b. Send us a cheque in favour of “Prashanti Cancer Care Mission”

New Address: 21 Everjoy Society, Next to Dorabjees, NIBM Road, near NIBM Institute, Kondhwa, Pune, Maharashtra-411 048.

***We kindly request you to send all cheques, donations, letters, and posts to this updated address. Do not send them to the previous location at Kapil Vastu.

Please mail your Full Name, PAN Card copy, Mobile Number and Address proof to accounts@prashanticancercare.org so as to enable us to courier or email to you the 80G tax exemption certificate and donation receipt.

Every donation will receive a Receipt, benefit of Tax Deduction under 80G of IT Act 1961 and a Thank you Letter within a week or two.

For any queries, please feel free to contact me personally on 9850251000.

A big thank you once again for all the support over the years. Without your help, it would be impossible to do what we do. God Bless and wishing you and your family a blessed life.

**We would like to thank our
Donors & Supporters
for their unconditional support over the years**

Warm Regards,

**Ms. Laleh Busheri CEO
Prashanti Cancer Care mission
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